

Facials

European Facial

A surface treatment that includes gentle cleansing, face and neck massage, steam to open pores, exfoliation treatment, and mask and moisturizer for a radiant glow.

60 min | \$65

Flawless Facial

Customized European facial includes dermaplaning, lip and brow wax extractions, and reflexology treatment.

90 min | \$105

Anti-aging

Tone, lift and hydrate your skin with this age-defying, moisturizing treatment which includes a collagen mask and vitamin serum.

60 min | \$70

Aromatherapy

Your choice of essential oils detoxifies and hydrates while pressure point massage relaxes all your senses to calm and balance the mind.

60 min | \$70

Vitamin C

Deep pore cleansing is followed by an intensive hydration scrub which prepares your skin for restoration and revitalization. Perfect for acne-prone skin.

60 min | \$75

Dermaplaning

Removal of dead skin and fine facial hair leaves your skin smooth, making make-up application look flawless.

\$25

Waxing

Brow \$12

Lip/chin \$12

Nose \$15

Ear \$15

Underarm \$20

Half Arm \$30

Half Leg \$40

Full Leg \$65

Bikini \$30+

Brazilian \$75+

Lashes & Brow

Lash Perming \$40

Lash Tinting \$25

Lash Perm & Tint \$55

Brow Tinting \$25

Facial Peels

Signature Facelift

Lifts and tightens

\$60

Mega Lightening

Brightens and reduces brown spots

\$60

Acne Treatment

Resurfaces and reduces scarring

\$60

Facial Package

Phase 1 \$300 (6 treatments)

Phase 2 \$340 (6 treatments)

Body Treatments

Herbal Hibernation Wrap

A fleece blanket marinated in a blend of aromatic oils enables the body to naturally detoxify.

30 min | \$50

Eucalyptus Uplift Wrap

This restorative wrap cleanses and decongests the body, boosting your natural immunity. A neck and scalp massage unblocks sinuses and eases congestion.

80 min | \$95

Reflexology

Gentle pressure is applied to reflex points in the feet to restore the body's natural balance and well-being.

30 min | \$40

60 min | \$65

Yoga and Meditation

Restorative

Restorative yoga is designed to calm and reset your entire body and mind to prepare you for the ultimate relaxation. This type of yoga uses props and is for all skill levels.

Guided Meditation

Guided meditation walks you through step by step to help you achieve a calm and peaceful state of mind.

Individual or classes available



Balance Spa & Yoga

Massage

Swedish

Swedish massage gently manipulates your body to improve circulation and flexibility, easing muscle aches and tension.

60 min | \$60 90 min | \$90

Deep Tissue

Deep tissue uses a variety of modalities to relieve tension caused by strain, stress, and inflammation.

60 min | \$75 120 min | \$150
90 min | \$105

Back, Neck & Shoulder

Focused on relief for upper body tension caused by emotional and physical stress.

30 min | \$40 60 min | \$65

Prenatal Relief

A nurturing massage for expectant mothers, this massage uses a specialized pregnancy pillow to properly align your body during the treatment and will relieve many physical and emotional pregnancy-induced challenges.

60 min | \$70

Aromatherapy

Combining the nurturing art of massage with pure essential oils provides an overall calming, energizing, and cleansing effect.

60 min | \$70

Stone

Heated stones are used to massage the body while the healing warmth penetrates deep into the muscle tissue.

90 min | \$120

Packages

Relax

30 minute massage and facial with reflexology
\$75

Refresh

60 minute deep tissue massage, 30 minute scalp massage
\$95

Renew

60 minute back, neck and shoulder massage, 60 minute European facial, dermaplaning, brow and lip wax.
\$150

BALANCE

For helping you achieve an optimal balance of body, mind and spirit



Balance Spa & Yoga

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